



MyCatholicDoctor



RECLAIMING CATHOLIC HEALTHCARE WITNESSING MIRACLES



ANNUAL REPORT 2025

MYCATHOLICDOCTOR.COM

Health care that works, because Jesus is the healer

Answering the call of Jesus Christ in Luke 10:9, when He said, “cure the sick who are there, and say to them, ‘The kingdom of God has come near to you.’”

WE ARE PRO-LIFE AND PRO-ETERNAL LIFE



For 2,000 years, the Catholic Church has led the world in health care, continuing the healing ministry of Jesus Christ. At MyCatholicDoctor, **we are reclaiming Catholic health care**. Our rapidly growing network of 300+ faithful Catholic health care professionals see patients across America from conception through natural death.

We offer:

- Restorative reproductive medicine instead of IVF
- Abortion pill reversal instead of abortion
- Highly effective fertility awareness instead of contraception.
- Catholic mental health services
- End-of-life care aligned with Church teaching
- Support for gender detransitioners
- Urgent care, specialty care, and well visits
- Education for patients and medical professionals
- A dedicated prayer ministry



MyCatholicDoctor is the only organization offering comprehensive, life-affirming medical care — grounded in Catholic teaching — at a national level, through telehealth and in-person services.

We are listed in the Official Catholic Directory and committed to serving people of all faiths with dignity and respect for the sanctity of life.

Through health care, prayer, and evangelization, we bring
Christ's healing to a world that needs it more than ever.

OUR MISSION IN ACTION: LIFE-AFFIRMING INITIATIVES

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**FAITHFUL
HEALTH CARE
YOU CAN TRUST**

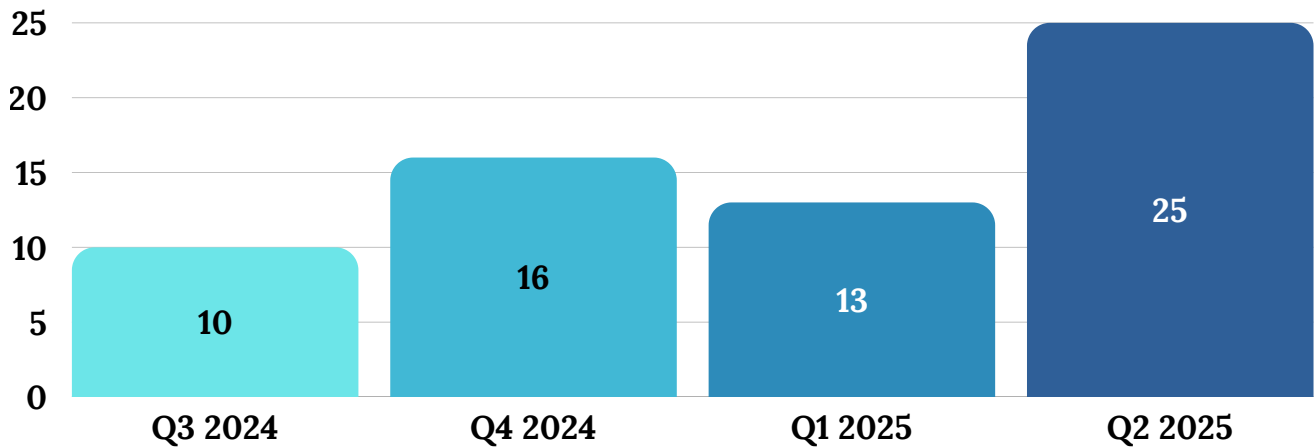


GIVING FAMILIES A
SECOND CHANCE AT
LIFE

Abortion Pill Reversal Initiative

“Darkness.” That’s what our patients say. Every year, thousands of women take the first dose of the abortion pill (mifepristone) and then experience an overwhelming sense of “darkness.” No matter what language they speak, most tell us they felt a sense of darkness, and now want to stop their abortion. Our Abortion Pill Reversal (APR) initiative offers them a lifeline. Through quick access to progesterone therapy, 24/7 telehealth care, prayer, and ongoing support, we walk with mothers in choosing life — even after they’ve been told it’s too late. **MyCatholicDoctor offers this service for free.**

MYCATHOLICDOCTOR’S ABORTION PILL REVERSAL CASES



Spotlight

Dr. Robert Chasuk, M.D., CFCMC, is a Family Physician and the Chair of Women's Health, Fertility Care, & Abortion Pill Reversal services. He volunteers his time to oversee our national APR program and mentors young and mid-level professionals in the field of Catholic fertility care.

Patient Story: She stayed in touch with me the whole time

A quiet moment of accompaniment. A saved life.

MyCatholicDoctor gives women the chance to choose life — even after they’ve taken the abortion pill. The following is a reflection from one of our medical professionals who helped guide a mother through the reversal process, pregnancy, and beyond:

“A beautiful baby girl was born last year — a baby I came to know through our Abortion Pill Reversal protocol. It was touch-and-go in the beginning. Her mother experienced significant bleeding, but she stayed in contact with me throughout the pregnancy — and ever since. She’s deeply grateful for the reversal and **thrilled to have her daughter** here and well. I’m so thankful to be able to use my license in this way — and **grateful to MyCatholicDoctor for giving me the platform and support to do that.**”



HOW YOU CAN HELP:

- **Please pray for our APR clinicians and their patients.** Your partnership in prayer is essential to this service which is one of the most impactful services we offer.
- **Your financial gifts** help us carry specialized malpractice insurance which is both expensive and difficult to obtain.
- Our APR-trained physicians also need licenses in states where APR is difficult to access. **Your gift of \$1,000** would allow us to obtain one or more state medical licenses for one of our dedicated APR-trained physicians.
- **Your gift of \$200** would cover the cost for our APR-trained clinicians to treat a mother and child in need.



Scan to Read More:





Holy Family Initiative

LIFE-AFFIRMING FERTILITY CARE FOR MEN AND WOMEN

Too many families today are told that IVF is their only option. At MyCatholicDoctor, we offer effective infertility treatments for both men and women that respect the dignity of life and the sacredness of marriage.

Through Restorative Reproductive Medicine, The Holy Family Initiative offers clinically sound alternatives to in vitro fertilization, enabling couples to achieve pregnancy while remaining faithful to Church teaching. We partner with highly trained physicians, fertility educators, NaProTechnology, and Restorative Reproductive Medicine (RRM) specialists to offer care that addresses the root causes of infertility. We are the only organization offering Restorative Reproductive Medicine nationwide. We also bill insurance for RRM, including Medicaid and TRICARE (military).

HOW YOU CAN HELP:

- **\$100,000** funds our newly upgraded electronic medical record that offers RRM technology.
- **\$15,000** funds required continuing medical education in Restorative Reproductive Medicine for our healthcare professionals.
- **\$10,000** funds our work with MAHA and the Heritage Foundation to promote RRM services.
- **\$3,500** funds a couple struggling with infertility that is uninsured and cannot afford care.



Ashley's Story: 3 Miscarriages, 4 Babies, and a Congressional Briefing

Ashley Figueroa and her two MyCatholicDoctor healthcare professionals presented this story at a Congressional Briefing on Restorative Reproductive Medicine in September 2025.

I want to share my story of hope. During my fourth pregnancy, I miscarried. I sat in my doctor's office, devastated, desperate for answers. Instead of compassion or solutions, I was told the standard of care: nothing could be done until I experienced two more miscarriages. In other words, I would have to endure that heartbreak two more times before anyone would even begin to ask why it was happening.

I couldn't accept that. I was grieving, but I was also searching. That's when a friend told me about Restorative Reproductive Medicine. For the first time, I was heard. Symptoms that had been brushed aside for years were finally taken seriously. Through thorough testing, I finally had answers, and more importantly, a path forward.

We discovered underlying autoimmune disease, prediabetes, hormonal insufficiency, and adenomyosis—conditions that explained not only my miscarriage, but years of health struggles. My treatment plan included progesterone, metformin, evidence-based supplements, DHEA, and both diet and lifestyle changes. But most importantly, I worked together with my physician, who not only saw me as an individual but also supported each pregnancy individually. It wasn't about fitting the patient into a protocol, but shaping the protocol to fit the patient.

This proactive approach empowered me. My doctor took the time to educate me about my body, teaching me how to optimize my cycles and health—not just preconception, but during pregnancy and postpartum. For the first time, I felt like a true partner in my own care.



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DYING IS NOT A MEDICAL FAILURE. IT IS A SACRED MOMENT.

Holy Death Initiative

Catholic doctors will tell you that dying patients often experience a grace-filled sense of prayer, an openness to God. The dying can also experience a last temptation, a last-ditch effort of the evil one to claim their soul. In a growing number of U.S. states, assisted suicide and euthanasia are legal — and even promoted — under the banner of “death with dignity” or “medication assistance in dying (MAID)”. MyCatholicDoctor’s team of faithful doctors help the dying understand that true death with dignity is death in the arms of Jesus and Mary.

The Holy Death Initiative provides patients, families, and healthcare professionals with the tools they need to navigate the final journey of life with faith, clarity, and love. Our team offers medical care, moral guidance, spiritual accompaniment, and support that aligns with Church teaching on redemptive suffering, love, and the dignity of the human person.

HOW YOU CAN HELP:

- **Your gift of \$500** provides digital and traditional marketing to promote MyCatholicDoctor’s end-of-life services.
- **Your gift of \$250** covers the cost of an end-of-life consultation for an uninsured patient.
- **Please pray for the dying**, especially those who do not have a Catholic advocating on their behalf.

KEY SERVICES:

- Medical consults for families navigating complex decisions
- Continuing Professional Education on Catholic end-of-life care
- Support for clinicians facing conscience conflicts
- Resources for Catholic parishes, patients, and caregivers

When God Calls: Discerning End-of-Life Decisions Through Catholic Eyes

Honoring the final chapter with reverence, not fear.

Nancy, a lifelong Catholic and experienced geriatric nurse, turned to MyCatholicDoctor when her 93-year-old mother's health began to decline. She knew her mother didn't want extraordinary measures — no feeding tubes or invasive procedures — but navigating those decisions as a daughter and a nurse felt overwhelming.

Before her mother's hospitalizations, Nancy sought guidance from MyCatholicDoctor eldercare specialist Matthew Estrade. **Their conversation grounded her in both Catholic bioethics and peace of mind.** When her mother's condition worsened after multiple hospital stays, **Nancy felt prepared** to honor her mother's wishes — medically and spiritually.

Together with her siblings, she coordinated hospice care and transformed her mother's home into a space of sacred beauty: rosaries, chaplets, and an enthronement to the Sacred Heart of Jesus. **Her mother died peacefully, surrounded by faith, not fear.** "I felt like I could finally breathe and let go. The peace in that room was unmistakable."

Nancy didn't give up on care — she gave herself permission to follow God's will, fully supported by Catholic medical professionals who respected the dignity of every moment.

She hopes more families will know that a holy death is possible — one that honors the body, prepares the soul, and places full trust in God's timing. With support from MyCatholicDoctor, families can navigate end-of-life decisions with clarity, peace, and grace.



Spotlight

Matthew Estrade, MA, MBA is a gerontologist who works with families to find solutions to their pressing problems when caring for loved ones. As the Founder of Catholic Aging, Matthew has built an educational platform and has been a care partner support group facilitator for over 10 years.

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Holy Mind Initiative

The Holy Mind Initiative offers life-affirming, faith-integrated mental health services that uphold Catholic teachings and deliver evidence-based psychiatric care.

People deserve better.

Faithful mental health care must address the whole person:

Body

Mind

and

Soul

A Nation in Pain

- 1 in 5 Americans experience mental health challenges annually.
- Over 50 million Catholics are seeking mental health care.
- Suicide rates have increased by 30% in the last two decades.
- America faces critical shortages of Catholic psychiatrists and therapists nationwide.

The Secular Response Falls Short

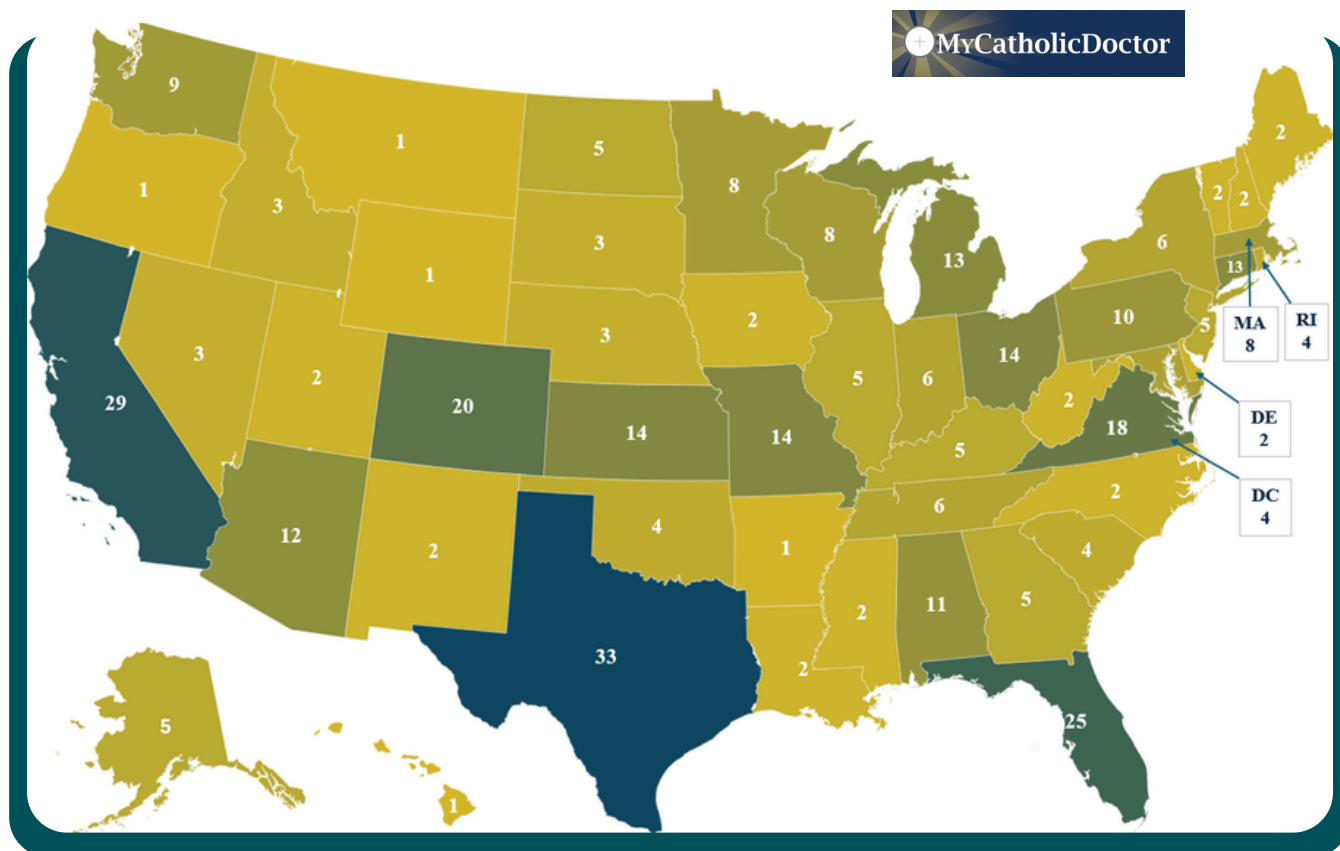
- Ignores the spiritual dimension of mental health
- Promotes solutions contrary to Catholic teaching (contraception, abortion, euthanasia, gender ideology)
- Treats symptoms without addressing root causes
- Separates mind and body from the soul

Our Approach: Integration, Not Separation

- Mental health and spiritual health are interconnected.
- Faith is a source of healing, not an obstacle to treatment.
- Catholic moral teaching provides clarity, not constraint.
- Prayer and sacraments complement medical treatment.
- Human dignity must guide all therapeutic interventions.

MyCatholicDoctor is providing faithful mental health care for the whole person

With your support our coverage map will continue to expand



HOW YOU CAN HELP:

Scan to Read More:



- **Please pray for our mental health professionals**, who donate thousands of hours of free & reduced-price services.
- **\$50,000** funds our clergy and religious mental health program, offering specialized mental health for priests and religious. Although diocesan priests typically have insurance to cover their care, religious sisters often have Medicaid and no access to Catholic mental health care.
- **\$15,000** funds medical licenses for our psychiatrists in rural states with poor access to Catholic psychiatry.
- **\$10,000** funds medical licenses for therapists in rural states.

RESTORING GOD'S DESIGN FOR LOVE, FERTILITY, AND FAMILY

One Flesh Initiative

"...and the two shall become one flesh" - Genesis 2:24

The One Flesh Initiative equips couples and individuals with scientifically sound, Catholic-aligned fertility education and natural family planning (NFP/FABM) through our network of clinicians and certified instructors. We serve engaged couples, newlyweds, and those struggling with infertility — offering care grounded in Theology of the Body and medical excellence.

*"We thought we understood marriage and fertility. Then we met our MyCatholicDoctor practitioner. It **changed everything — not just our method, but our mindset.**"*

HOW YOU CAN HELP:

- **Pray for our fertility educators** who donate hundreds of hours of free care and reduced-price care each year to our uninsured patients
- **\$100,000** upgrades our electronic medical record to allow for integrated NFP tracking and data sharing between the couple and the NFP teacher
- **\$900** trains a new fertility educator in an evidence-based method of NFP
- **\$250** funds NFP for a couple that is uninsured

KEY SERVICES:

- Fertility awareness education & cycle evaluation, billed to insurance with no out-of-pocket cost to the patient/couple
- Instruction in Creighton, Marquette, FEMM, Billings, Sympto-thermal, and other methods
- **We are the largest provider of NFP/FABM billed to insurance in the United States**

Learning to Trust, Learning to Chart

Sarah's Journey with MyCatholicDoctor

Sarah and her husband had never heard of natural family planning before marriage prep. She admits, “*I was terrified to give up control of our fertility.*” But when her doctor dismissed her concerns about irregular cycles and mood swings, Sarah turned to MyCatholicDoctor.

Through virtual sessions with a Marquette Method instructor and a Catholic medical professional, she learned how to track her cycle, identify symptoms of underlying hormonal imbalance, and trust that her body wasn't broken — just misunderstood.

“I'm so grateful I trusted the Lord and said yes to something that seemed scary. My instructor explained things gently, with compassion and deep knowledge. I felt seen as a whole person — not just a diagnosis.”

Sarah's story is one of many. Through education, accompaniment, and faith-rooted care, the One Flesh Initiative helps women like Sarah **reclaim their fertility — and restore joy in their marriage.**

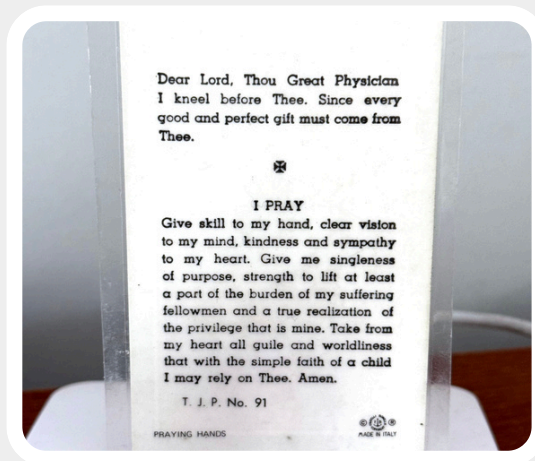
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CREATED.
KNOWN.
LOVED.

In His Image Initiative

Today, more individuals are coming forward who regret undergoing gender transition and seek to return to their biological sex — physically, emotionally, and spiritually. The journey back is often marked by pain, isolation, and silence. At MyCatholicDoctor, we believe **no one should walk this path alone**. Our clinicians have the resources and compassion to help and accompany people on the difficult path to full restoration. Our **heroic clinicians** need **heroic support** to help these **heroic people** realize God's plan for their life.



According to the National Catholic Bioethics Center, 13,957 minors (≤ 17) received some form of gender-transition procedure or medication from 2019 through early 2023. One recent study of a U.S. federal insurance database identified over 107,000 adults with a gender dysphoria diagnosis. In 2024, JAMA reported that roughly 5.3 per 100,000 US adults undergo gender-affirming surgery. National cohort data indicate that permanent detransition is relatively uncommon (on the order of 1-5%).

HOW YOU CAN HELP:

- **Pray for the healthcare professionals** who offer this care; they generally offer these services “underground” without any online mention of their work.
- **\$15,000** funds our work with the Centers for Medicaid and Medicare to improve coding and billing for detransition care.
- Many patients come to us with **no way to pay for their care**.

Scan to Read More:





Blessed are the Poor Initiative

We strive to serve every patient who comes to us, regardless of their ability to pay. Many of our clinicians offer their services at no cost, but we still have overhead costs associated with malpractice insurance, technology, credentialing, and other expenses. We work with patients to determine their need, their ability to pay, and MyCatholicDoctor's ability to help. **Your support helps us extend the healing hands of the Divine Physician.**



*In 2026, we project our clinicians will donate approximately **3,890 free clinical hours***

Between September 2024 and August 2025, MyCatholicDoctor provided **\$70,101 in charity care grants in support of qualified patients.**

Scan to Hear More:



2025 Wins:

- Reduced-price visits for the uninsured and underinsured: **3,500**
- Visits Offered at No Cost: **500**
- **Total Cost: \$168,000**

Projected for 2026:

- Reduced-price visits for the uninsured and underinsured: **4,550**
- Visits Offered at No Cost: **760**
- **Total Projected Cost: \$244,260**



Catholic Health Care Education Initiative

We are training the next generation of authentically Catholic medical professionals who are pro-life and pro-eternal life.

MyCatholicDoctor offers pro-life education to students in medical and nursing schools through clinical rotation opportunities and online courses. We have partnered with the University of Mary Nurse Practitioner program and the FACTS about Fertility organization, in collaboration with Georgetown Medical School. We are also in discussions with several new Catholic medical schools opening in the United States, including the Benedictine School of Osteopathic Medicine. We do not receive payment from these institutions for our educational efforts— **all our teachers are volunteers.**

HOW YOU CAN HELP:

- **Pray for our students and teachers.** We recommend the physician's prayer which can be found on page 13.
- **\$25,000** funds a part-time Director of Medical Education for MyCatholicDoctor
- **\$500** funds an online mini-course on pro-life care, such as Abortion Pill Reversal.



Pro-Life Medical Research Initiative

This initiative supports critical research advancing pro-life medical care, especially regarding Abortion Pill Reversal, Restorative Reproductive Medicine, and the STORMM study.

Effective February 1, 2026, MyCatholicDoctor will begin submitting real anonymized patient research data to the Surveillance of Treatment Outcomes for Restorative Reproductive Medicine (STORMM). The registry is a project of the International Institute for Restorative Reproductive Medicine (IIRRM), in collaboration with the University of Utah and Neofertility. This technology integration depends on our new electronic health record. We are also working with various organizations to increase the volume of research on Abortion Pill Reversal. APR research is critical for scaling APR in the United States.

HOW YOU CAN HELP:

- **Pray for Catholic medical research,** primarily through the intercession of Venerable Jerome LeJeune.
- **\$100,000** funds the increase in cost of our new electronic health record (EHR).
- **\$20,000** funds a part-time Clinical Research Director.



The Laborer Deserves His Wages Initiative

There is a tremendous injustice in healthcare payment systems, an injustice that few people speak about: Pro-life medical services are reimbursed by insurance payers at a tiny fraction of the amount paid for the unethical alternatives. The MyCatholicDoctor Foundation fights for equitable insurance reimbursement for life-affirming medical services, thereby reducing the need for philanthropic support.

We cannot scale pro-life health care in America unless our efforts are financially sustainable. Dr. Berchemmann and other MyCatholicDoctor professionals are working with The Heritage Foundation **to reform medical billing codes** to be inclusive of pro-life medical services.

Our mission statement at MyCatholicDoctor is Luke 10:9, but we are also drawn to the passage just prior, Luke 10:7, where **Jesus speaks of the laborer deserving his wages**.

For example, abortion pill reversal is not reimbursed, but abortion is lucrative. IVF is highly reimbursed, but restorative reproductive medicine/IVF alternatives are so poorly covered by insurance that most of these providers do not accept insurance.

Scan to Read More:



HOW YOU CAN HELP:

- **Pray** that the Holy Spirit gives us the right words to contribute to national policy discussions on billing and coding for pro-life health care.
- **\$60,000** funds the AI billing and coding system that we need to identify payment disparities for pro-life health care.
- **\$60,000** funds a key hire to spearhead this work.



Build it and They Will Come Initiative

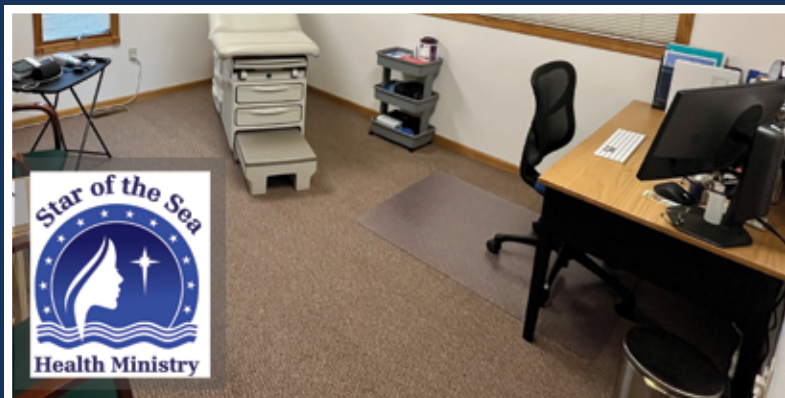
Telehealth is not enough-- we need in-person Catholic health care. In-person care is more expensive than telehealth, but we don't receive higher payments from insurance payers.

We have a handful of small offices across the country, such as the Star of the Sea clinic in rural South Dakota, pictured below, but there is a need for more, and real estate is expensive.

We are currently operating or opening brick-and-mortar offices in Pennsylvania, North Carolina, Montana, Oregon, Connecticut, Louisiana, and other locations.

HOW YOU CAN HELP:

- **Donate real estate**, especially medical office space in the locations listed above.
- **Donate medical equipment**.
- **\$7,000** funds vision testing equipment for pediatric practices.
- **\$5,000** funds viral testing equipment for our rural clinic locations.



Scan to Read More:



Opened in 2025: Star of the Sea Clinic, Newell, SD

Pro-Life Health Care for the Military



After years of work by the MyCatholicDoctor Foundation, we are delighted to announce that **TRICARE and the Defense Health Agency are now paying for Natural Family Planning, nationwide.** This means members of our military, as well as their dependents, now have access to natural family planning that is covered by their insurance.



TRICARE even changed its website to reflect access to NFP.

But we need your help. At present, TRICARE recipients have little to no access to Restorative Reproductive Medicine/pro-life infertility care. We continue to work with MAHA, the Defense Health Agency, and TRICARE to improve access to and reimbursement for pro-life health services. We are making slow but steady progress, working with everyone from leaders who make decisions to contractors who modify the coding logic so that claims are finally paid.

HOW YOU CAN HELP:

- **Pray for our members of the military**, their families at home, and especially those who do not have access to pro-life healthcare. We suggest praying through the intercession of Venerable Emil Kapaun.
- **\$10,000** funds the work of our TRICARE team for one year. This team includes a volunteer retired military member, our Director of Billing, and our Medical Director.

Scan to Read More:



MyCatholicDoctor's Prayer Ministry

Our national Prayer Ministry invites patients, clinicians, and supporters to share intentions — faithfully prayed over by a dedicated team of volunteers, including clergy and Catholic medical professionals.

17,643 ENCOUNTERS WITH THE DIVINE PHYSICIAN THIS PAST YEAR

Every Patient Seen. Every Soul Prayed For.

306 PRAYER REQUESTS THIS PAST YEAR

Each of these intentions are lifted up in prayer by our **dedicated prayer team**.

12 MASSES OFFERED EACH YEAR

Our patients' prayer intentions are **included at Holy Mass**, offered each month by our chaplain, Fr. Christopher Smith, PharmD

How You Can Help:

Become a Prayer Partner. Join our network of faithful Catholics who pray weekly for our patients and clinicians. You'll receive brief, non-identifying requests and help bring Christ's healing presence to those in need.

MyCatholicDoctor × Hallow:

Explore the sacrament of the Anointing of the Sick in a new 3-part series hosted by MyCatholicDoctor, now streaming on the Hallow app.

*"Prayer joined to sacrifice
constitutes the most powerful
force in human history."*

-St. John Paul II, *Salvifici Doloris*

Pray with us:



OUR SERVICES

MyCatholicDoctor is nationwide and accessible 24/7/365

Our clinicians offer full-service health care including primary and specialty care. All of our care is pro-life and pro-eternal life.

We help patients experience compassion, understanding, and appreciation from medical professionals who meet their whole-person medical needs and share their faith.

We continuously strive to provide culturally-sensitive, authentic Catholic care in the most challenging-to-access areas.

Most insurance accepted - Low self-pay rates



OUR SPECIALTY SERVICES INCLUDE:

- Adolescent Medicine
- Addiction Care
- Dermatology
- Care for the Aging
- Cognitive Impairment and Dementia Services
- Endocrinology
- Genetic Counseling
- Lactation Consultation
- Lifestyle Medicine
- Long Covid Care
- Men's Health
- Miscarriage and Infant Loss Support
- PCOS
- Palliative Care and End-of-Life Care
- Pediatric Care
- Pediatric Adolescent Gastroenterology
- Physical therapy
- Podiatry
- Registered Dietitian Services
- Rheumatology
- Sleep Medicine
- Speech Therapy
- Travel Medicine
- Vaccine and Medication Consultation
- Wellness Health Coaching
- Weight Management
- Wound Care



OUR TEAM



Our dedicated administrative team is composed of 7 full-time employees, 2 part-time employees, 2 volunteers, and 2 contractors, each contributing their unique skills and passion towards our shared goals.

OVER 300 FAITHFUL CLINICIANS

Your support allows these 300 clinicians to continue to provide holistic, authentic Catholic health care

Catholic clinicians often struggle to find employment where they can practice faithfully. As a result, many choose to open small independent practices. However, whether Catholic or secular, these small practices are paid significantly less than larger health systems. This is due to a lack of negotiation power with major insurance companies, which forces these practices to consider alternative payment models such as direct primary care, concierge services, or hybrid membership models. Catholic clinicians who want to accept insurance and practice faithfully have few options. **MyCatholicDoctor gives health care professionals the opportunity to accept insurance and practice faithfully.**



OUR BOARD OF DIRECTORS



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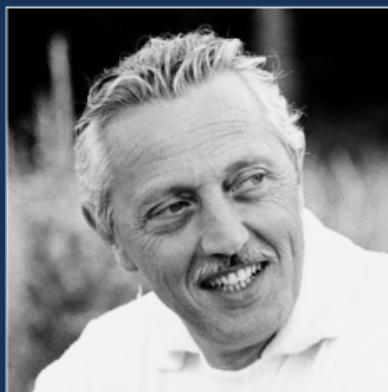
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OUR PATRON SAINTS

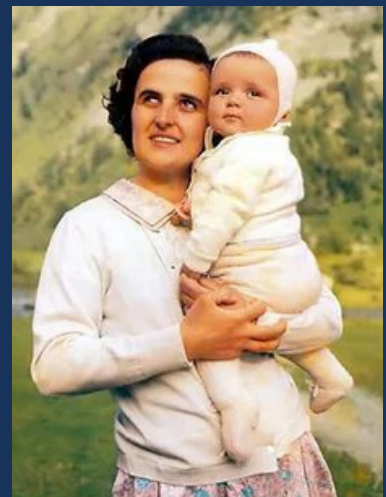
VENERABLE CATHERINE
MCAULEY



VENERABLE JEROME
LEJEUNE



SAINT GIANNA MOLLA





We are the largest provider of authentic Catholic health care in America, and **we need your help.**

The MyCatholicDoctor Foundation stands alone as the nation's most comprehensive provider of Catholic health care services. We offer seven critical services that most Americans cannot access elsewhere:

- Restorative Reproductive Medicine
- Natural Family Planning education and support
- Life-affirming end-of-life care (never euthanasia or MAID)
- Abortion Pill Reversal (saving babies and healing mothers)
- Catholic mental health services
- Care for detransitioners seeking healing
- Primary, urgent, and specialty care that honors human dignity

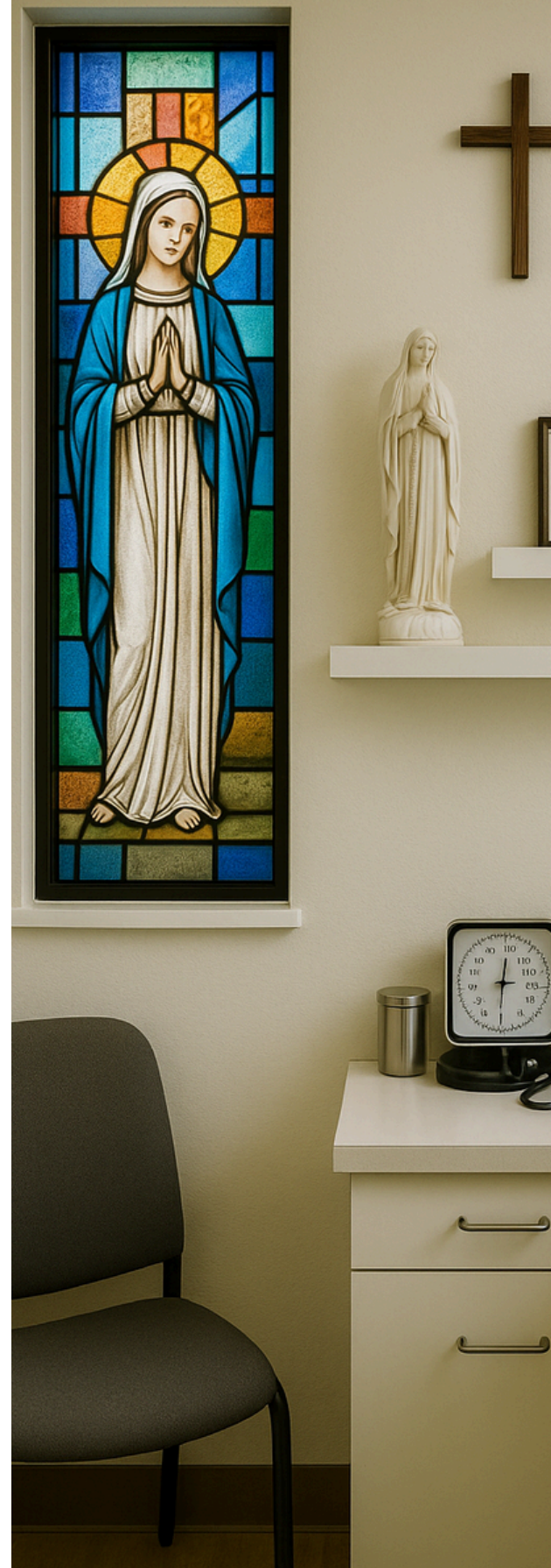
We need to raise \$400,000 by the close of 2025 to continue our critical services. Please join us in this work and invite others to do the same.

Authentic Catholic health care saves lives and souls. That is why healing was a primary ministry of Jesus Christ. Now is the time to reclaim authentic Catholic health care in America.

We receive no government funding and we have no investors. We answer to God and our Board of Directors.

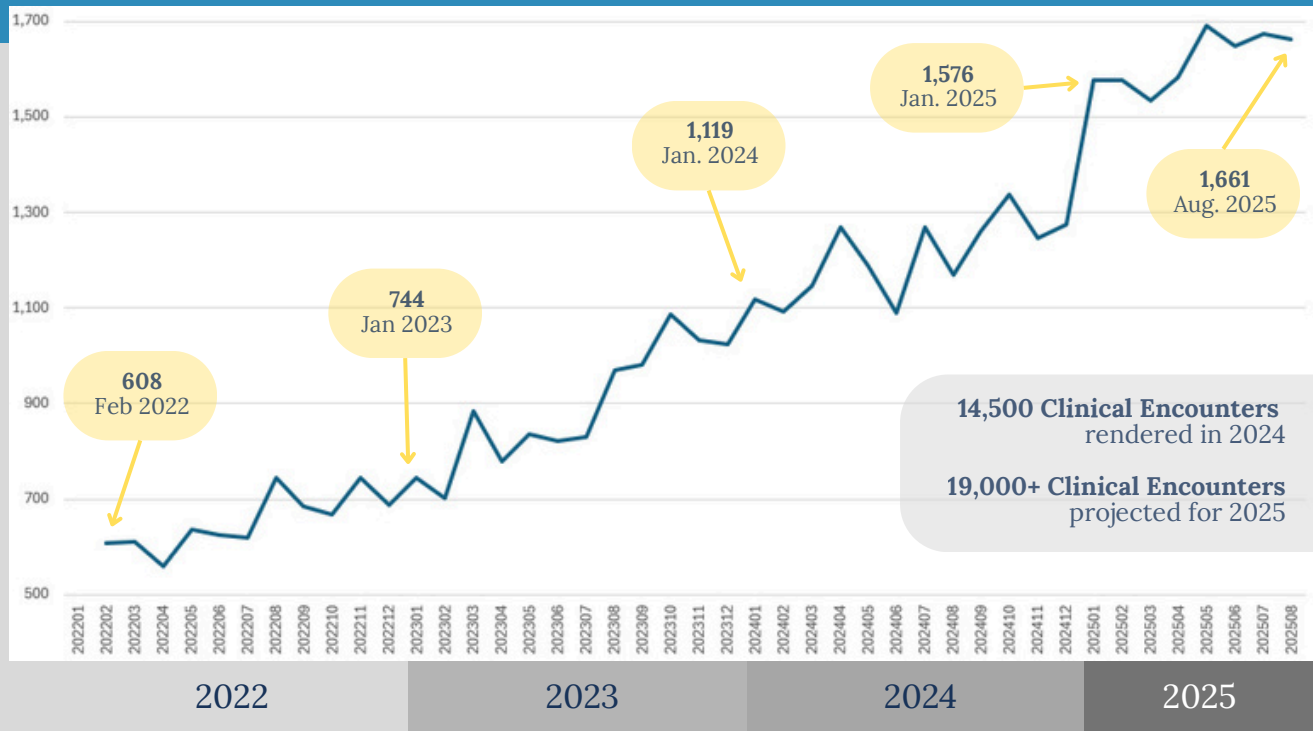
We average 5 stars on our Google reviews. Why? Because Jesus is the healer, not us.

Please support us. Please make an appointment with us the next time you get sick. **We are here to take care of you.**

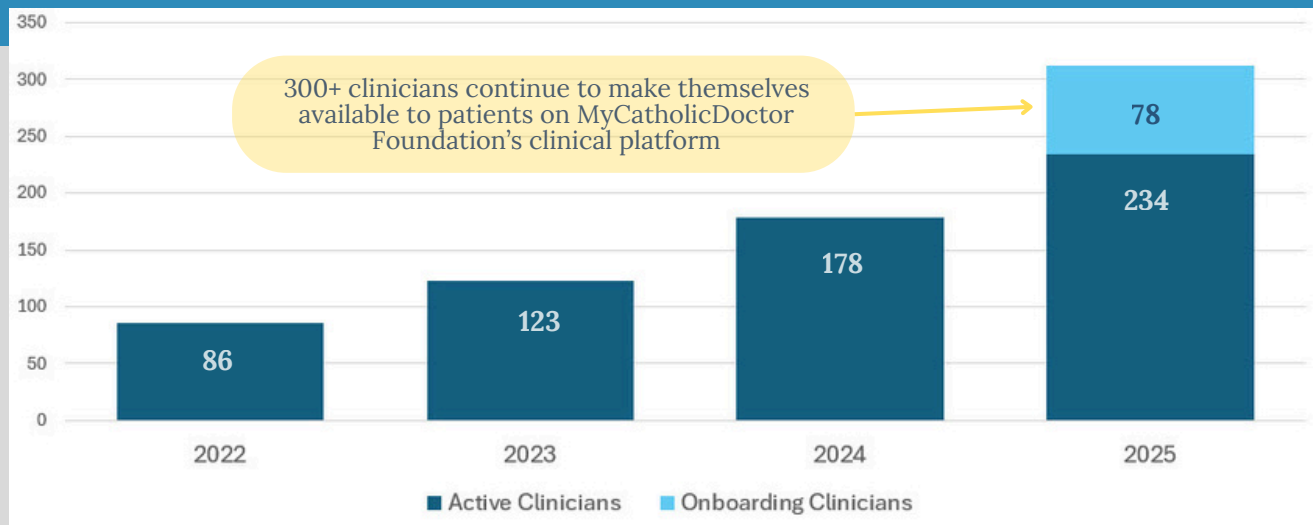


We need your help to raise \$400,000

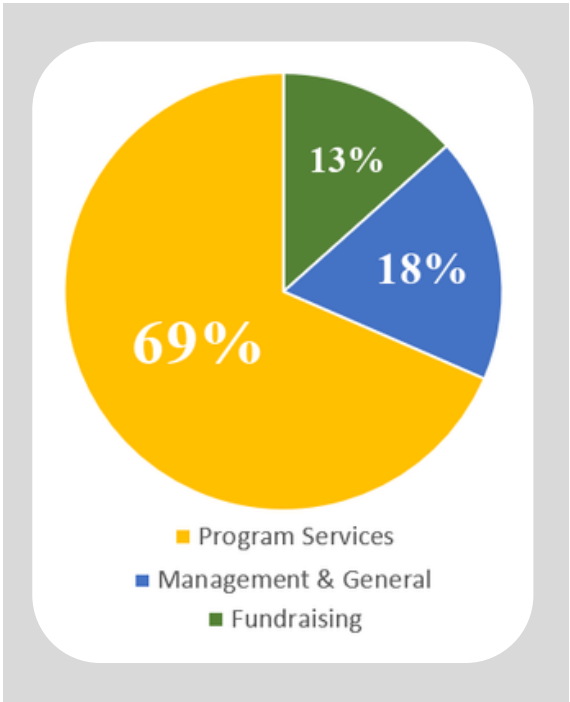
Four Years of Clinical Encounter Growth



Four Years of Supporting Clinicians

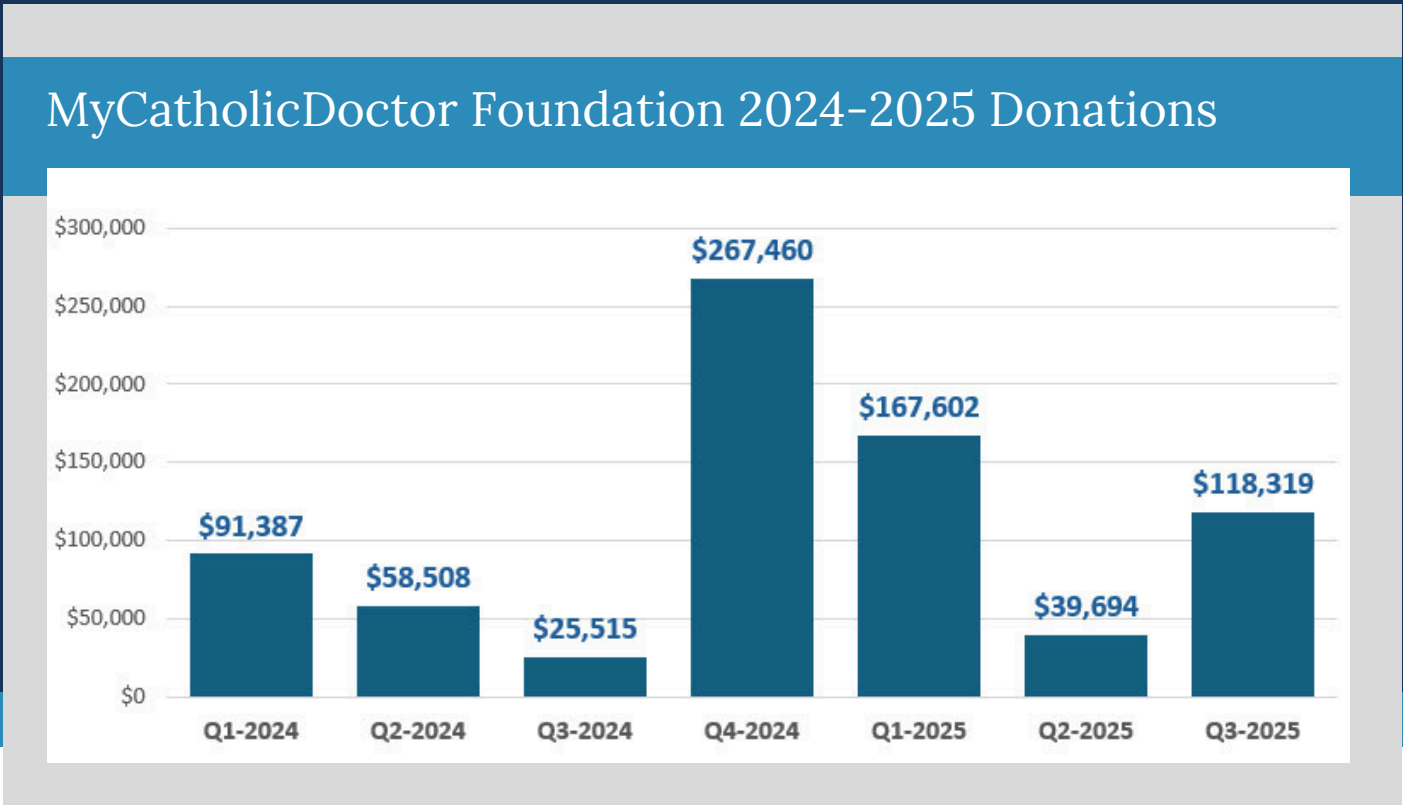


FINANCIAL HIGHLIGHTS



MyCatholicDoctor Foundation 2024 Expenses and Revenue

Program Services:	\$601K
Management & General:	\$159K
Fundraising:	\$118K
2024 Total Expense:	\$878K
Program Revenue:	\$307K
2024 Donations:	\$443K
Contributed Assets:	\$171K
2024 Total Revenue*:	\$921K



**Foundation revenue only. Does not include clinical revenue generated by our partner independent provider associations. MyCatholicDoctor Foundation reinvests its earnings after expenses back into the core of its mission. Audited financials available upon request.*

OUR FEATURED PARTNERS



ECCLESIAL ENDORSEMENTS



Bishop James D. Conley - Lincoln, NE

Dr. Berchermann and her team are in perfect harmony with Christ the Healer's solicitude for the sick. Their joyous adherence to Christ's care for the sick blesses, distinguishes and elevates all they do. Their innovative and "outside of the box" approach to medicine goes to the very heart of an apostolic vision for the delivery of Christ-centered health care, a vision well suited for the challenging times in which we live.



**Bishop Joseph L. Coffey
Archdiocese of the Military**

On behalf of our military families, I am grateful to MyCatholicDoctor and their work to ensure pro-life Catholic health care is accessible to every person who serves our country through the military and their families.



**Archbishop Emeritus Joseph F. Naumann
Kansas City, KS**

Our employees rely on us to provide a health care plan of high quality that also defends and protects our Catholicity. Our partnership with MyCatholicDoctor plays an important role in helping us meet these objectives. We trust and appreciate the work of the MyCatholicDoctor team and are pleased to join them in this important work



Bishop Frank J. Caggiano - Bridgeport, CT

MyCatholicDoctor is a shining example of how Catholic health care can thrive in today's complex landscape without compromising our faith's timeless values. Through their commitment to offering compassionate care and adhering firmly to their Catholic beliefs, these clinicians ensure that the healing ministry of Christ continues with integrity. They provide Catholics (and others) with an alternative to forms of health care today that can be at odds with our faith.

INDUSTRY AND COMMUNITY RECOGNITION



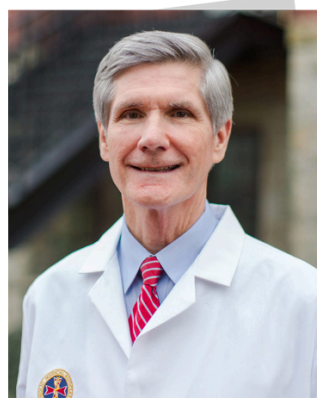
Jason Coon, Vice President of the Catholic Benefits Association

The Catholic model of care offered by MyCatholicDoctor is critical in our current culture. Their model brings the healing ministry of Jesus Christ to many who have never experienced or don't have access to authentic, whole-person health care – mind, body, and soul. Our world of medicine today views each patient as a diagnosis and not as a person, and not through the eyes of Christ, which has consequences like treating a symptom, rather than the full discovery of an underlying condition... This is where MyCatholicDoctor stands out.



Sean Fieler, Chairman of the Chiaroscuro Foundation

Dr. Berchermann has created a national network of Catholic doctors that is responsive to the needs of Catholic families, which are often unmet by the existing healthcare system. Due to its cost-effective telemedicine model, MyCatholicDoctor will soon become financially self-sustainable. Just as classical Catholic schools are a response to legacy Catholic schools that have struggled to maintain their Catholic identity, MyCatholicDoctor is a response to Catholic health care systems that have become too secular. Donors should give this vital, investment-worthy apostolate their consideration.



Steven White, M.D., President of the Catholic Health Care Leadership Alliance

Both secularism and materialism have deeply infiltrated the modern medical industrial complex, undermining the ethical foundation of the profession, threatening life and health from conception to natural death. The Catholic response must be a renewal of Christ's healing ministry as the antidote to this culture of death in health care. MyCatholicDoctor is a vital component of the renewal, intentionally designed to provide access to high-quality, affordable care that focuses on healing the whole person – mind, body, and spirit – in conformity with the Ethical and Religious Directives of the United States Conference of Catholic Bishops. Amid formidable cultural and economic challenges, this lay apostolate exemplifies the courage and perseverance required to reestablish the sanctity of life, the dignity of the human person, and the covenantal character of the doctor-patient relationship as fundamental to the vocation of medicine.

YOU CAN MAKE A DIFFERENCE

Please pray for MyCatholicDoctor's work

Join us at 3 p.m. everyday as we pray the Divine Mercy Chaplet. Use the QR code to the right sign up for the prayer team.



Choose MyCatholicDoctor for your own health care

Need your labs checked? How about a prescription refill or an urgent care visit? We're here to help you take care of what you need.

Prayerfully consider supporting us financially

Donations made to our 501(c)(3) not-for-profit foundation are tax deductible

Donate Online



Mail checks to:

MyCatholicDoctor Foundation, Inc.
1180 Newfield Ave.
Stamford, CT 06905

Join our Healing Hands Society

The Healing Hands Society offers a monthly donation option that can be automatically transferred from a credit card or bank account. The amount can be adjusted or suspended at any time, and your recurring gift provides vital stability to our work.

Join our Eternal Healer Society

Supporters who give a substantial legacy gift or give at a major level are invited to this dedicated community of mission partners. These special supporters receive exclusive invitations to quarterly webinars about Catholic health care in America, early updates on our ministry, and other invitation-only opportunities.



Other Ways to Donate

Stocks and Bonds

In addition to providing a significant gift, donating stocks and bonds enables you to avoid potential capital gain taxes and receive a charitable income tax deduction.

Real Estate

Gifts of real estate can have especially attractive tax benefits. Real estate does not have to be donated outright, but can be transferred to a charitable remainder trust to provide you with lifetime income.

Non-traditional and complex assets

MyCatholicDoctor is now able to accept gifts of non-traditional assets through our partnership with The Knights of Columbus Charitable Fund (KCCF). Complex Assets include gifts such as life insurance, jewelry, art, precious metals, real estate, and intellectual property.

Cryptocurrency

We gladly accept donations in the form of Cryptocurrency. We have a Coinbase wallet. Please contact us for details.

Trust and Estate Planning with MyCatholicWill

MyCatholicWill provides you with a straightforward and free online method to create your will, safeguarding the most important aspects of your life. Your faith holds significance, as does the legacy you leave behind. Use the MyCatholicDoctor QR code to the right to create your will for free. Please be sure **to include MyCatholicDoctor in your will** and join our Eternal Healer Society.



Donate Online



RECLAIMING CATHOLIC HEALTH CARE

For the poor and the poor in spirit
For the unborn
For the infertile
For the mentally ill
For the dying

FOR EVERYONE

